

1130109 News Lunchbox

Groups Move "In Time" to Music

Narrator: How do soldiers march? They march together.

Sergeant Major: "Left! Right! Left! Right! Left! Right! ..." (cont.)

Narrator: They're moving "in time". Together, they step with their left foot.

Together, they step with their right foot. Then their left, then their right,

then ... ah! You get the idea!

他們同時做一樣的動作，一起同時踏出左腳，然後右腳。

When people walk with friends, sometimes they walk in time.

"Left! Right!

Left! Right!" No one tells them to move in time! They don't

think about it!

It's natural.

當人們跟朋友走在一起，有時候會很自然地踏出相同步伐。

When you dance, you move in time to the music. That's

natural too. You don't

think about it ... you dance, baby!

跳舞的時候，你也會自然地跟著音樂的旋律跳。

Scientists in Switzerland had some questions. How does music

make people in

big groups move? Does music make these people move

together, in time?

瑞士科學家想知道，為甚麼音樂會讓一群人動作同步呢?

They did a study. But they didn't want to study people

dancing! They wanted

to look for smaller natural movements. So they used classical

music.

他們做了研究，為了捕捉到更小的動作，他們使用古典音樂。

They found some amazing things! Groups moved together, in time, without

thinking about it! Their hearts beat in time! They breathed in time!

他們發現音樂會讓一群人下意識同步動作，連心跳跟呼吸頻率也一樣!

Music moves us! We move together, in time! We do this

naturally! How cool is

that?!

Vocabulary

人在走路或是舞蹈時，很自然地會跟同行的人或是音樂同樣節奏。

1. group 團體

Are you going to the party tomorrow? 你去不去明天的派對?

No, it's my line dancing group's night. 不了，明天是我的排

舞團體之夜。

2. dance 跳舞

When did you join that group? 你幾時參加那個團體的?

A month ago. 一個月前。

I need to exercise more, and I like dancing.我需要運動，又喜歡跳舞。

3. music 音樂

But what's line dancing? 但是排舞是什麼?

Well, people dance to music facing the same direction.

大家跟著音樂跳，面對同一個方向。

4. want 想要

I want to learn it, too.我也要學。

Come with me tomorrow. 明天跟我一起來。

It's a lot of fun.很好玩的。

Do you love dancing? 一起來讀單字。

group 團體

dance 跳舞

music 音樂

want 想要

Quiz

1. What is moving "in time"?

a. Moving fast

b. Moving clocks

c. Moving together

2. Where was this study done?

a. Switzerland

b. Scotland

c. Sweden

3. What did this study look for?

a. Dance movements

b. Walking in time

c. Small natural movements

Answers:

1. c

2. a

3. c